Bullying and Cyberbullying Questionnaire

About you

Code number:................

Time you started questionnaire..........................

This questionnaire will tell us about you, your family background and how you feel about yourself. It is in four sections. The questionnaire is confidential and no one in your school will know what you have answered. It is also anonymous, so please don’t put your name on it. If you do not want to answer any questions, then leave them out but we would be most grateful if you could answer as fully as possible. You do not have to complete the questionnaire if you don’t want to and you can withdraw your data at any time.

Please answer the following questions as truthfully as you can. First, some general questions about you and your family.

About you:

Are you a Boy/Male or a Girl/Female? ☐ Boy/Male ☐ Girl/Female

Where do you live? ☐ Large city ☐ Town ☐ Village/rural community

How would you describe your ethnic origin?

Black or Black British:

☐ Any other black background (Write here)............................

Mixed or Asian or Asian British

☐ White and black Caribbean ☐ Indian
☐ White and black African ☐ Pakistani
☐ White and Asian ☐ Bangladeshi
☐ Any other mixed background ☐ Chinese
(Write here)............................
(Write here)............................

☐ Any other ethnic origin (Write here)............................
☐ I do not wish to record my ethnic group

..................................................
Do you consider yourself to have a disability? ☐ Yes ☐ No

About your family: Now some questions about your parents’/carers’ education and jobs.

What is the highest level of education that your parents/carers have reached?
Mother/Female carer: ☐ primary ☐ secondary ☐ Higher Education (university/college)
Father/Male carer: ☐ primary ☐ secondary ☐ Higher Education (university/college)

What is your father/male carer(s)’ job? (Write here)....................................................
What is your mother/female carer(s)’ job? (Write here)..................................................

How you feel about yourself:
For each question, choose the one answer that best describes how you feel about yourself. There are no right or wrong answers - just give you honest opinion. Please cross the appropriate box for each question.

Q1: I am happy with the way I can do most things
☐ Strongly disagree ☐ Disagree ☐ Agree ☐ Strongly agree

Q2: I am as good a student as I would like to be
☐ Strongly disagree ☐ Disagree ☐ Agree ☐ Strongly agree

Q3: I am happy with the way I look
☐ Strongly disagree ☐ Disagree ☐ Agree ☐ Strongly agree
<table>
<thead>
<tr>
<th>Question</th>
<th>Strongly disagree</th>
<th>Disagree</th>
<th>Agree</th>
<th>Strongly agree</th>
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</thead>
<tbody>
<tr>
<td>Q4: I am as good at sports/physical activities as I want to be</td>
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<td>Q5: I am as good as I want to be at making new friends</td>
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<td>Q6: I feel OK about how important I am to my family</td>
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<td>Q7: I am doing as well on school work as I would like to</td>
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<td>Q8: I like my body just the way it is</td>
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<td>Q9: I like being just the way I am</td>
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<td>Q10: I feel OK about how well I do when I participate in sports/physical activities</td>
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<td>Q11: I have as many close friends as I would like to have</td>
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<td>Q12: I get along as well as I would like to with my family</td>
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<tr>
<td>Q13: I am happy with myself as a person</td>
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<td>Q14: I get grades that are good enough for me</td>
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<td>Q15: I feel good about my height and weight</td>
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<tr>
<td>Q16: I am happy about how many different kinds of sports/physical activities I am good at</td>
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<tr>
<td>Question</td>
<td>Strongly disagree</td>
<td>Disagree</td>
<td>Agree</td>
<td>Strongly agree</td>
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<tr>
<td>Q17: I am as well liked by other people my own age as I want to be</td>
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<td>Q18: My family pays enough attention to me</td>
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<td>Q19: I am the kind of person I want to be</td>
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<td>Q20: I feel OK about how good a student I am</td>
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<td>Q21: I wish I looked a lot different*</td>
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<td>Q22: I participate in as many different kinds of sports/physical activities as I want to</td>
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<tr>
<td>Q23: I feel good about how well I get along with other people my own age</td>
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<td>Q24: I am happy with how much my family loves me</td>
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How you feel about your family and other people:
For each question, choose the one answer that best describes how you feel about your family and other people. There are no right or wrong answers - just give you honest opinion. Please cross the appropriate box for each question.

<table>
<thead>
<tr>
<th>Question</th>
<th>Never</th>
<th>Seldom</th>
<th>Sometimes</th>
<th>Often</th>
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<tbody>
<tr>
<td>Q25: My parents make time to pay attention to me</td>
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<td>Q26: When I am lonely, I feel bored</td>
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<td>Q27: I feel abandoned by my friends</td>
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<td>Q28: I want to be alone</td>
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<tr>
<td>Q29: I can get along with my parents very well</td>
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</table>
Q30: When I am alone, I feel bad  
☐ Never  ☐ Seldom  ☐ Sometimes  ☐ Often

Q31: I feel left out by my friends  
☐ Never  ☐ Seldom  ☐ Sometimes  ☐ Often

Q32: I like being on my own  
☐ Never  ☐ Seldom  ☐ Sometimes  ☐ Often

Q33: My parents are ready to listen to me or to help me  
☐ Never  ☐ Seldom  ☐ Sometimes  ☐ Often

Q34: When I am lonely, I don’t know what to do  
☐ Never  ☐ Seldom  ☐ Sometimes  ☐ Often

Q35: I feel sad because nobody wants to be friends with me  
☐ Never  ☐ Seldom  ☐ Sometimes  ☐ Often

Q36: I am happy when I am only one at home for once; because then I can do some quiet thinking  
☐ Never  ☐ Seldom  ☐ Sometimes  ☐ Often

Q37: My parents show real interest in me  
☐ Never  ☐ Seldom  ☐ Sometimes  ☐ Often

Q38: Time drags when I’m on my own  
☐ Never  ☐ Seldom  ☐ Sometimes  ☐ Often

Q39: I feel sad because I have no friends  
☐ Never  ☐ Seldom  ☐ Sometimes  ☐ Often

Q40: At home, I am looking for a moment to be alone, so that I can do things on my own  
☐ Never  ☐ Seldom  ☐ Sometimes  ☐ Often

This questionnaire will help us find out how you use new technologies (mobiles and the internet) and how you get on with each other in and out of school. The questionnaire is confidential and no one in your school will know what you have answered. It is also anonymous, so please don’t put your name on it. If you do not want to answer any questions, then leave them out but we would be most grateful if you could answer as fully as possible. You do not have to complete the questionnaire if you don’t want to and you can withdraw your data at any time.

Please answer the following questions as truthfully as you can. First, some general questions about your school, mobile phones and access to the internet.

About your school:

School: (Please write here)...........................................................................................................
Class/Grade: (Write here)...........................................................................................................
Date: (Write here)........................................................................................................Age: (Write here)..............
Now we want to ask you some questions about your experiences of bullying and cyberbullying but it is important to be clear what these words mean.

**Bullying** is behaviour carried out by an individual, or a group, which is repeated over time in order to hurt, threaten or frighten another individual with the intention to cause distress. It is different from other aggressive behaviour because it involves an imbalance of power which leaves the victim defenceless.

**Cyberbullying** is a new form of bullying which involves the use of mobile phones (texts, calls, video clips) or the internet (e-mail, instant messaging, chat rooms, websites) or other forms of information and communication technology to deliberately harass, threaten, or intimidate someone.

We would like to know about your experience of bullying and cyberbullying wherever it happens in or out of school.

First, we’d like you to answer some questions on traditional types of **bullying** (this doesn’t include cyberbullying). The next five questions are about **direct forms of bullying**, which include hitting,
tripping up, taking belongings, name calling and taunting (perhaps about race, gender, sexuality or disability) to someone in person, face to face.

Q1: Have you been directly bullied in the last two months?
- I haven’t been directly bullied in the last two months
- It has only happened once or twice
- Two or three times a month
- About once a week
- Several times a week or more

Q2: How did you feel when someone directly bullied you in the last two months? (For this question you can cross several answers)
- I haven’t been directly bullied in the last two months
- Embarrassed
- Worried
- Upset
- Afraid and scared
- Alone and isolated
- Defenceless, no one can do anything about it
- Depressed
- Stressed
- It doesn’t bother me
- Angry
- Other ((Please write here).............................................................................................

Q3: Have you directly bullied someone in the last two months?
- I haven’t directly bullied anyone in the last two months
- It has only happened once or twice
- Two or three times a month
- About once a week
- Several times a week or more

Q4: Have you seen or heard of anyone else being directly bullied in the last two months?
- I haven’t seen or heard of anyone else being directly bullied in the last two months
- It has only happened once or twice
- Two or three times a month
- About once a week
- Several times a week or more

Q5: What did you do when you saw, or heard about, someone being directly bullied in the last two months? **You can cross either the first answer:**
- I haven’t seen or heard of any direct bullying in the last two months

**Or, you can cross several answers:**
- I completely ignored the direct bullying
- I tried to get a friend or group of friends to help the person being directly bullied
- I tried to stop the bully
- I told an adult about the direct bullying
- I comforted the person being directly bullied
- I made fun of the person being directly bullied
- I watched but didn’t do anything
- Other (Please write here).............................................................................................
The next five questions are about indirect forms of bullying, which include telling lies or spreading false rumours about someone behind their back, sending mean notes to try and make someone disliked, or excluding someone from a social group on purpose. Again, this doesn’t include cyberbullying.

**Q6:**Have you been indirectly bullied in the last two months?
- I haven’t been indirectly bullied in the last two months
- It has only happened once or twice
- Two or three times a month
- About once a week
- Several times a week or more

**Q7:** How did you feel when someone indirectly bullied you in the last two months? (For this question you can cross several answers)
- I haven’t been indirectly bullied in the last two months
- Embarrassed
- Worried
- Upset
- Afraid and scared
- Alone and isolated
- Defenceless, no one can do anything about it
- Depressed
- Stressed
- It doesn’t bother me
- Angry
- Other (Please write here)................................................................................................

**Q8:** Have you indirectly bullied someone in the last two months?
- I haven’t indirectly bullied anyone in the last two months
- It has only happened once or twice
- Two or three times a month
- About once a week
- Several times a week or more

**Q9:** Have you seen or heard of anyone else being indirectly bullied in the last two months?
- I haven’t seen or heard of anyone else being indirectly bullied in the last two months
- It has only happened once or twice
- Two or three times a month
- About once a week
- Several times a week or more
**Q10:** What did you do when you saw, or heard about, someone being indirectly bullied in the last two months? You can cross either the first answer:

- I haven't seen or heard of any indirect bullying in the last two months

Or, you can cross several answers:

- I completely ignored the indirect bullying
- I tried to get a friend or group of friends to help the person being indirectly bullied
- I tried to stop the bully
- I told an adult about the indirect bullying
- I comforted the person being indirectly bullied
- I made fun of the person being indirectly bullied
- I watched but didn't do anything
- Other (Please write here)...

The next questions are about your experiences of **cyberbullying**. First, we will ask you about bullying through mobile phone use and then we will ask you about bullying using the internet.

Examples of bullying using a **mobile phone** are:

- sending or receiving upsetting phone calls (e.g. malicious prank calls)
- taking, sending or receiving unpleasant photos and/or videos using mobile phones (e.g. being flamed, happy slapping etc)
- sending or receiving abusive text messages by mobile phone

**Q11:** Have you been bullied through mobile phone use in the last two months?

- I haven’t been bullied through mobile phone use in the last two months
- It has only happened once or twice
- Two or three times a month
- About once a week
- Several times a week or more

**Q12:** How did they bully you through mobile phone use in the last two months? (For this question you can cross several answers)

- I haven’t been bullied through mobile phone use in the last two months
- Using text messages
- Using multimedia texts (multimedia, photos, videos, happy slapping)
- Using phone calls
- In another way (Say how - please write here)...

**Q13:** How did you feel when someone bullies you through mobile phone use in the last two months? (For this question you can cross several answers)

- I haven’t been bullied through mobile phone use in the last two months
- Embarrassed
- Worried
- Upset
- Afraid and scared
- Alone and isolated
- Defenceless, no one can do anything about it
- Depressed
- Stressed
- It doesn’t bother me
- Angry
- Other (Please write here)...


**Q14:** If you have been bullied through mobile phone use in the last two months and you know who the person is, can you tell us which class they are in? (For this question you can cross several answers)
- I haven’t been bullied through mobile phone use in the last two months
- In my class
- In a different class but in the same year
- In another year (older or younger)
- I know them but they are not in my school
- I don’t know who bullied me

**Q15:** If you have been bullied through mobile phone use in the last two months and you know who the person is, can you tell us if they are a girl or boy? (For this question you can cross several answers)
- I haven’t been bullied through mobile phone use in the last two months
- Mainly by one girl
- By several girls
- Mainly by one boy
- By several boys
- By both boys and girls
- I don’t know who bullied me

**Q16:** How long has the bullying through mobile phone use lasted?
- I haven’t been bullied through mobile phone use in the last two months
- It lasted one or two weeks
- It lasted about a month
- It has lasted about six months
- It has lasted about a year
- It has gone on for several years

**Q17:** What have you done if someone bullied you through mobile phone use in the last two months? (For this question you can cross several answers)
- I haven’t been bullied through mobile phone use in the last two months
- I felt helpless
- I ignored what was happening, hoping it would stop
- I turned my mobile off
- I told a friend
- I told a teacher
- I told a parent/carer
- I asked the person directly to stop texting/phoning me
- I blocked the texts/phone calls (more answers on next page)

**Q17 (cont):**
- I changed my mobile phone number
- I reported the bullying to the mobile phone company and got them to trace the person bullying me
- I tried to do to them what they had done to me
- Other (Please write here)............................................................................................................................

**Q18:** Have you bullied anyone else using your mobile phone in the last two months?
- I haven’t bullied anyone else using my mobile in the last two months
- It has only happened once or twice
- Two or three times a month
- About once a week
- Several times a week or more
Now, a few questions about **witnessing/seeing other people being bullied** by mobile.

<table>
<thead>
<tr>
<th>Q19: Have you seen or heard of anyone else being bullied through mobile phone use in the last two months?</th>
</tr>
</thead>
<tbody>
<tr>
<td>☐ I haven’t seen or heard of anyone else being bullied through mobile phone use in the last two months</td>
</tr>
<tr>
<td>☐ It has only happened once or twice</td>
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<tr>
<td>☐ Two or three times a month</td>
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<tr>
<td>☐ About once a week</td>
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</table>

<table>
<thead>
<tr>
<th>Q20: What did you do if you were with someone who was bullied through mobile phone use in the last two months? <strong>You can cross either the first answer:</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>☐ I haven’t been with anyone who was bullied through mobile phone use in the last two months</td>
</tr>
<tr>
<td>Or, you can cross several answers:</td>
</tr>
<tr>
<td>☐ I completely ignored what was happening to him/her</td>
</tr>
<tr>
<td>☐ I turned away as I did not want to see the text/video clip he or she received</td>
</tr>
<tr>
<td>☐ I left as I did not want to get involved in anything like that</td>
</tr>
<tr>
<td>☐ I went to tell the person who had done it not to send nasty texts or video clips any more</td>
</tr>
<tr>
<td>☐ I tried to get a friend or group of friends to help the person being bullied</td>
</tr>
<tr>
<td>☐ I tried to stop the bully from doing it again</td>
</tr>
<tr>
<td>☐ I told an adult about the bullying</td>
</tr>
<tr>
<td>☐ I comforted the person being bullied or helped him/her think what to do</td>
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<tr>
<td>☐ I laughed at the message or the video clip to make fun of the victim</td>
</tr>
<tr>
<td>☐ I commented on the message or video clip, saying that it seemed a good idea to me</td>
</tr>
<tr>
<td>☐ I read the text/watched the video clip but didn’t say or do anything</td>
</tr>
<tr>
<td>☐ I made fun of the victim by telling him/her what other things the bullies should write about him/her in the text message or which kind of video clip they could send next</td>
</tr>
<tr>
<td>☐ I sent on or showed the texts/messages/pictures/video clips to my friends to make fun of the person who was bullied</td>
</tr>
<tr>
<td>☐ I told my friends about the bullying so we could have a good laugh</td>
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</table>
| ☐ Other (Please write here).................................................................................................................................
Q21: What did you do if you were with someone who bullied another person through mobile phone use in the last two months? You can cross either the first answer:

- I haven’t been with anyone who bullied another person through mobile phone use in the last two months

Or, you can cross several answers:

- I completely ignored what the bully was doing
- I turned away as I did not want to see the text/video clip the bully was working on
- I left as I did not want to get involved in anything like that
- I told the bully not to make the text or video clip that nasty
- I tried to get a friend or group of friends to stop the bully
- I tried to stop the bully
- I told an adult about the bullying I had seen
- I went and told the person being bullied about it, to warn him/her
- I laughed as the person was writing the message or making the video clip
- I commented on the message or video clip, saying that it seemed a good idea to me
- I watched but didn’t do anything
- I made suggestions about what to write in the text message or which part of the video clip to send
- I sent on or showed the texts/messages/pictures/video clips to my friends to make fun of the victim
- I told my friends about the bullying so we could have a good laugh
- Other (Please write here)........................................................................................................

Q22: What did you do if you received or saw a text/video clip of a person being bullied on your mobile or someone else’s in the last two months? You can cross either the first answer:

- I haven’t seen or heard of any bullying though mobile phone use in the last two months

Or, you can cross several answers:

- I did not pay any attention to the text/video clip
- I did not even read the text/watch the video clip to the end
- I deleted it (from my mobile)
- I went away from seeing it on another person’s mobile, as I did not want to get involved in anything like that
- I told the person who had done it not to send nasty texts or video clips any more
- I tried to get a friend or group of friends to help the person being bullied
- I tried to stop the bully from doing it again
- I told an adult about the bullying
- I went and told the person being bullied about it, to warn him/her
- I laughed at the text/video clip together with other people to make fun of the victim
- I commented on the message or video clip to my friends, saying that it seemed a good idea to me
- I read the text/watched the video clip but didn’t do anything
- I made suggestions about what to write in the text message or which kind of video clip to send about the person being bullied
- I sent on texts/messages or showed pictures/video clips of the bullying by mobile phone to my friends
- I told my friends about the bullying so we could have a good laugh
- Other (Please write here)........................................................................................................
Now, we need to know if someone has bullied you using the internet. Examples of bullying through the internet are:

- Malicious or threatening emails directly to you, or about you to others
- Intimidation or abuse when participating in chat rooms
- Abusive instant messages (MSN; Yahoo; AIM etc)
- Websites where secret or personal details are revealed in an abusive way or where nasty or unpleasant comments are being made. Examples of websites are:
  - Social networking websites (myspace, facebook, bebo, piczo etc)
  - File sharing websites (YouTube, flickr etc)
  - Blogs (blogger, blogspot, LiVEJOURNAL etc)

Q23: Have you been bullied on the internet in the last two months?
- I haven't been bullied on the internet in the last two months
- It has only happened once or twice
- Two or three times a month
- About once a week
- Several times a week or more

Q24: How did they bully you using the internet in the last two months? (For this question you can cross several answers)
- I haven’t been bullied on the internet in the last two months
- Through emails
- Through chat rooms
- Through instant messages
- Through social networking websites (myspace, facebook, bebo, piczo etc)
- Through file sharing websites (YouTube, flickr etc)
- Through a blog (blogger, blogspot, LiVEJOURNAL etc)
- Other (Please write here)..........................................................................................................

Q25: How do you feel when someone bullied you on the internet in the last two months? (For this question you can cross several answers)
- I haven’t been bullied on the internet in the last two months
- Embarrassed
- Worried
- Upset
- Afraid and scared
- Alone and isolated
- Defenceless, no one can do anything about it
- Depressed
- Stressed
- It doesn’t bother me
- Angry
- Other (Please write here)..........................................................................................................

Q26: If you have been bullied on the internet in the last two months, and you know who the person is, can you tell us which class they are in? (For this question you can cross tick several answers)
- I haven’t been bullied on the internet in the last two months
- In my class
- In a different class but in the same year
- In another year (older or younger)
- I know them, but they are not in my school
- I don’t know who bullied me
**Q27:** If you have been bullied on the internet in the last two months and you know who the person is, can you tell us if they are a girl or boy?
- [ ] I haven't been bullied on the internet in the last two months
- [ ] Mainly by one girl
- [ ] By several girls
- [ ] Mainly by one boy
- [ ] By several boys
- [ ] By both boys and girls
- [ ] I don't know who bullied me

**Q28:** How long did the bullying on the internet in the last two months last?
- [ ] I haven't been bullied on the internet in the last two months
- [ ] It lasted one or two weeks
- [ ] It lasted about a month
- [ ] It has lasted about six months
- [ ] It has lasted about a year
- [ ] It has gone on for several years

**Q29:** What have you done if someone bullied you on the internet in the last two months? (For this question you can cross tick several answers)
- [ ] I haven't been bullied on the internet in the last two months
- [ ] I felt helpless
- [ ] I ignored what was happening, hoping it would stop
- [ ] I stopped using the internet
- [ ] I told a friend
- [ ] I told a teacher
- [ ] I told a parent/carer
- [ ] I asked the person directly to stop bullying me on the internet
- [ ] I blocked the person who was bullying me
- [ ] I contacted the internet server and reported the bully
- [ ] I tried to do to them what they had done to me
- [ ] Other (Please write here)................................................................................................

**Q30:** Have you bullied anyone else using the internet in the last two months?
- [ ] I haven't bullied anyone else on the internet in the last two months
- [ ] It has only happened once or twice
- [ ] Two or three times a month
- [ ] About once a week
- [ ] Several times a week or more

Now, a few questions about **witnessing/seeing other people being bullied** on the internet.

**Q31:** Have you seen or heard of anyone being bullied on the internet in the last two months?
- [ ] I haven't seen or heard of anyone being bullied on the internet in the last two months
- [ ] It has only happened once or twice
- [ ] Two or three times a month
- [ ] About once a week
- [ ] Several times a week or more
**Q32:** What did you do if you were with someone who was bullied on the internet in the last two months? You can cross either the first answer:

- [ ] I haven't been with anyone who was bullied on the Internet in the last two months

Or, you can cross several answers:

- [ ] I completely ignored what was happening to him/her
- [ ] I turned away as I did not want to see the message/image he or she saw
- [ ] I left as I did not want to get involved in anything like that
- [ ] I went to tell the person who had done it not to put up messages or images any more
- [ ] I tried to get a friend or group of friends to help the person being bullied
- [ ] I tried to stop the bully from doing it again
- [ ] I told an adult about the bullying
- [ ] I comforted the person being bullied or helped him/her think what to do
- [ ] I laughed at the message or image to make fun of the victim
- [ ] I commented on the message or image, saying that it seemed a good idea to me
- [ ] I watched the message/image but didn’t say or do anything
- [ ] I made fun of the victim by telling him/her what other things the bullies should write about him/her in their messages or which kind of image they could put in the internet next
- [ ] I sent on or showed the messages/images to my friends to make fun of the person who was bullied
- [ ] I told my friends about the bullying so we could have a good laugh
- [ ] Other (Please write here) ............................................................................................................................

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**Q33:** What did you do if you were with someone who bullied another person on the internet in the last two months? You can cross either the first answer:

- [ ] I haven't been with anyone who bullied another person on the internet in the last two months

Or, you can cross several answers:

- [ ] I completely ignored what the bully was doing
- [ ] I turned away as I did not want to see the message/image the bully was working on
- [ ] I left as I did not want to get involved in anything like that
- [ ] I told the person bullying not to make the message/image that nasty
- [ ] I tried to get a friend or group of friends to help the person being bullied
- [ ] I tried to stop the bully
- [ ] I told an adult about the bullying
- [ ] I went and told the person being bullied about it, to warn him/her
- [ ] I laughed as others were doing the message/image
- [ ] I commented on the message or image, saying that it seemed a good idea to me
- [ ] I watched but didn’t do anything
- [ ] I made suggestions about what to write in the message or put in the video clip
- [ ] I sent the message/image to my friends as well
- [ ] I told my friends about the bullying so we could have a good laugh
- [ ] Other (Please write here) ............................................................................................................................

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Q34: What did you do if you received or saw a message or image of a person being bullied on the internet in the last two months? You can cross either the first answer:

☐ I haven’t been with anyone who was bullied on the Internet in the last two months

Or, you can cross several answers:

☐ I did not pay any attention to the message/image
☐ I did not even read the message/watch the image
☐ I went to another web page /logged off, as I did not want to get involved in anything like that
☐ I told the person who had done it not to send nasty messages/images on the internet any more
☐ I tried to get a friend or group of friends to help the person being bullied
☐ I tried to stop the bully from doing it again
☐ I told an adult about the bullying
☐ I went and told the person being bullied about it, to warn him/her
☐ I laughed at the message/image together with other people to make fun of the victim
☐ I commented on the message or image to my friends, saying that it seemed a good idea to me
☐ I read the message/watched the image/video clip but didn’t do anything
☐ I made suggestions about what to write in the next message or what kind of images could be put on the internet about the person being bullied
☐ I sent on the message or image to my friends or posted it in other web pages so that more people could see it
☐ I told my friends about the bullying so we could have a good laugh
☐ Other (Please write here)..................................................................................................................

Comments: this last section is for you to write what you think about cyberbullying.

Q35: Do you have any comments or suggestions or stories about cyberbullying? (Please write here)..................................................................................................................
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You have now completed the questionnaire. All the sections that you have filled in are confidential, so please do not discuss the answers you have written with your friends or anyone else. There is a sheet of paper attached to the back of this questionnaire, please keep it and read it in your own time.

If you have been bullied and/or cyberbullied and would like to discuss it with someone, write your email or telephone number here: .................................................................

Time you finished questionnaire........................................................................................................

Please write any comments you might have about this questionnaire here:

Thank you for taking part